

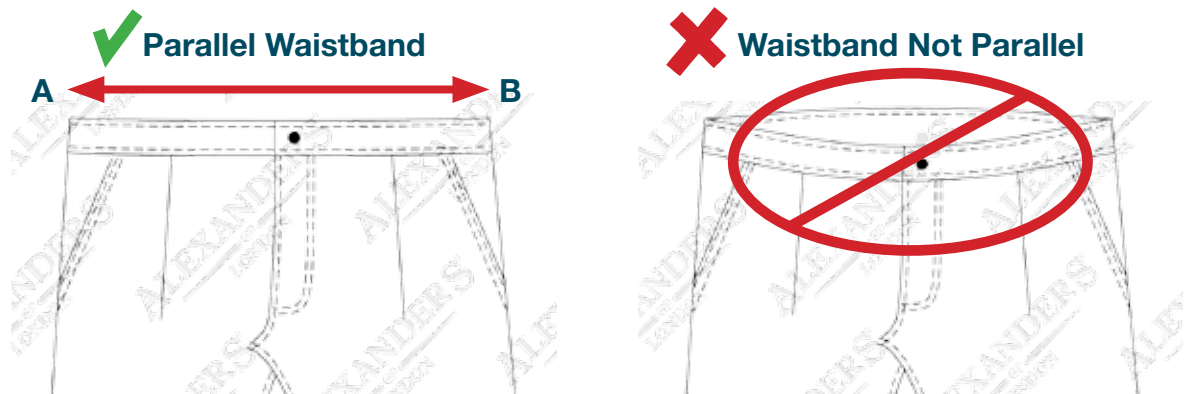
## Measurement Guide Based on Best Fitting Garment

Please read The Helpful Tips For Measuring **BEFORE** you take your measurements.

### Helpful Tips For Measuring

1. The best way to determine a size that will fit you well is to get from your closet your favourite pair of jeans / trousers and use that as the basis for obtaining your preferred measurements.
2. It may be that you may want to make some minor adjustments to the observed measurements from your favourite pair of jeans / trousers to get a perfect fit.
3. If you plan to order jeans, then ideally measure a pair of your best fitting jeans. If you plan to order trousers, then ideally measure a pair of your best fitting trousers.
4. Button and zip up the jeans / trousers and lay it flat, with the legs spread and straight, on a flat surface.
5. When measuring, keep the garment relaxed and do not stretch it.
6. Do not measure over belts or pockets which have items in them.
7. Use the start point of of your tape measure to begin taking the measurements.
8. Ensure that the measuring tape is pulled straight without any sagging.

### Measuring The Waist

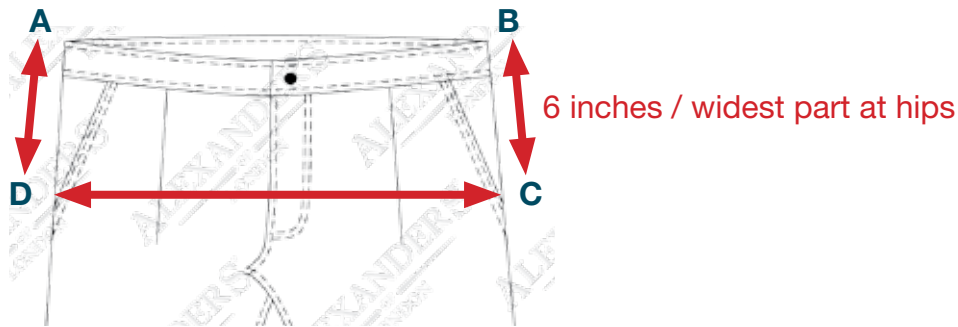


- Step 1:** Button up the jean / trouser at the waistband and ensure that the fly is also closed.
- Step 2:** Lay the garment out flat on a table / floor.
- Step 3:** Ensure that the front and back parts of the waistband are parallel.
- Step 4:** Measure from one side of the waistband to the other - From Point **A** to point **B** in the diagram.
- Step 5:** The total measurement from point 4 above is multiplied by 2. This is the waist measurement.

**WAIST MEASUREMENT** = \_\_\_\_\_

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## Measuring Hip / Seat Measurement

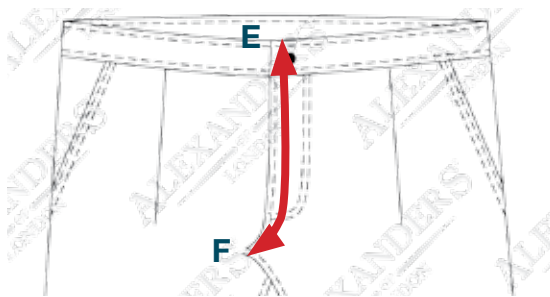


- Step 1:** Button up the jean / trouser at the waistband and ensure that the fly is also closed.
- Step 2:** Lay the garment out flat on a table / floor. Take care to pull any wrinkles and fullness from the back panels.
- Step 3:** With chalk, mark two positions - **D** and **C** which are 6 inches from the top of the waistband (position **A** and **B** respectively) , or alternatively, instead of 6 inches below the top of the waistband, please use the widest part of the garment at the hip.
- Step 4:** Measure the distance between the two hip measurement points as above - Points **C** and **D**
- Step 5:** Multiply this measurement by 2 to get the hip measurement.

**HIP / SEAT MEASUREMENT =** \_\_\_\_\_

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## Measuring Front Rise



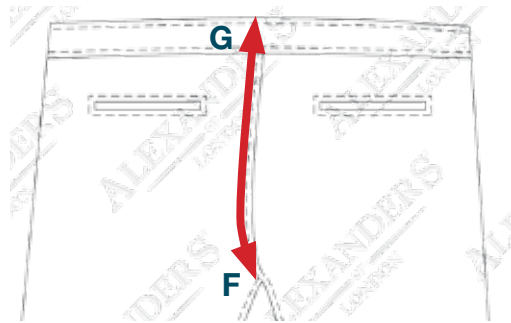
- Step 1:** Button up the jean / trouser at the waistband and ensure that the fly is also closed.
- Step 2:** Lay the garment out flat on a table / floor. Take care to pull any wrinkles and fullness from the back panels.
- Step 3:** Measure from the crotch - Point **F** in the attached diagram (the point where the inseams meet) to the top of the waistband - From point **F** to point **E**.

This measurement is known as the front rise.

**FRONT RISE =** \_\_\_\_\_

## Measuring Back Rise

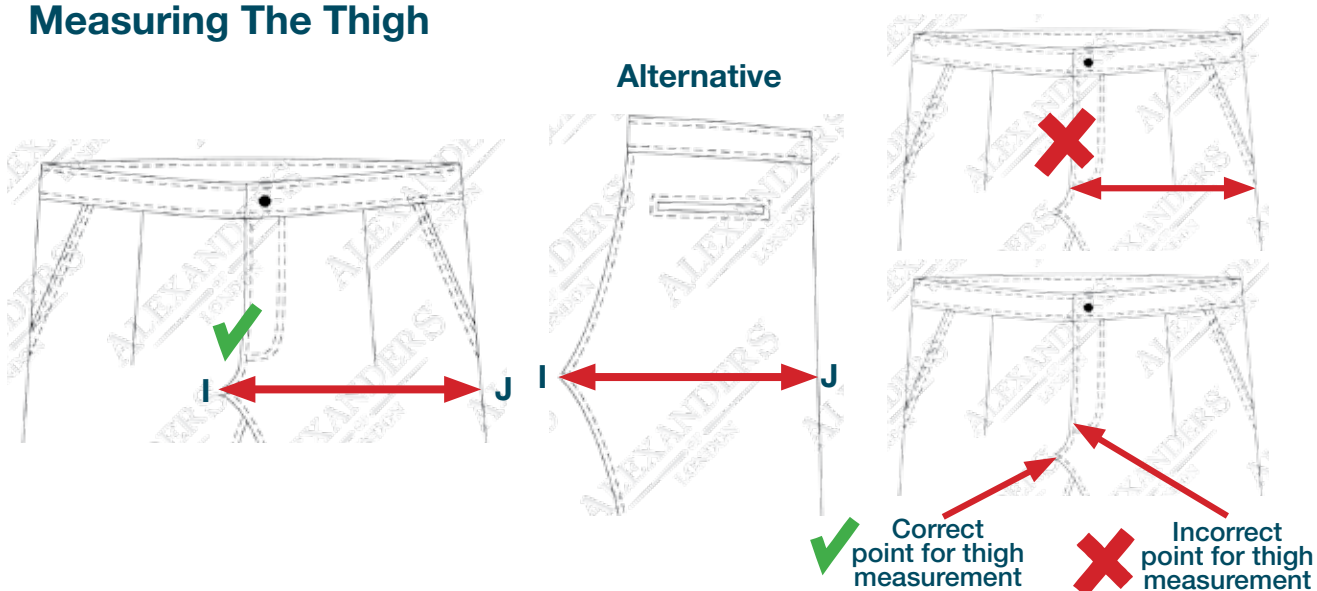
- Step 1:** Button up the jean / trouser at the waistband and ensure that the fly is also closed.
- Step 2:** Lay the garment out flat on a table / floor. Take care to pull any wrinkles and fullness from the back panels.
- Step 3:** Measure from the crotch - Point **F** in the attached diagram (the point where the inseams meet) to the top of the waistband - From point **F** to point **G**.



This measurement is known as the back rise.

**BACK RISE** = \_\_\_\_\_

## Measuring The Thigh

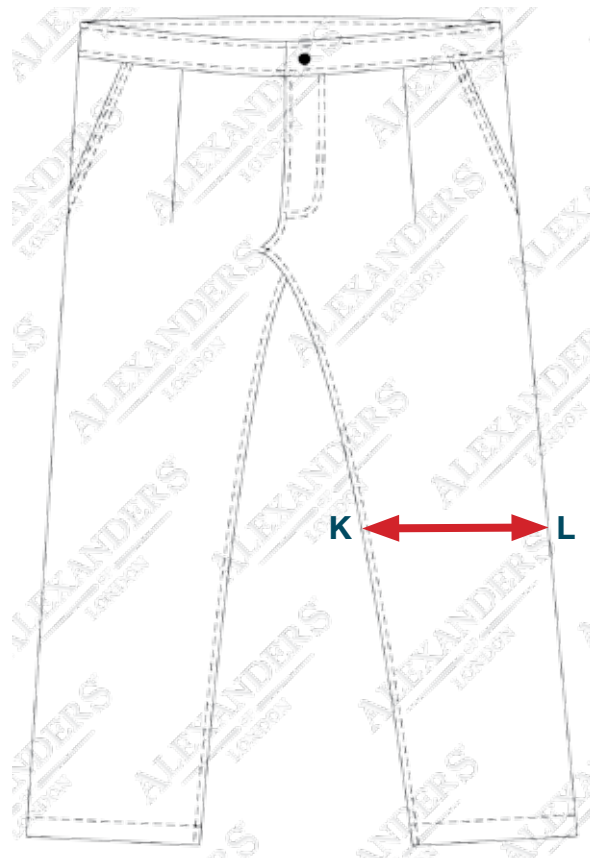


- Step 1:** Button up the jean / trouser at the waistband and ensure that the fly is also closed.
- Step 2:** Lay the garment out flat on a table / floor. Take care to pull any wrinkles and fullness from the back panels.
- Step 3:** Measure from the crotch - Point **I** in the attached diagram to the outside of the leg, parallel to the waistband - From Point **I** to point **J**.
- Step 4:** Multiply this measurement by 2 to get the Thigh measurement.

An **alternative** method is to lay the garment flat, with any creasing to the front or back of the garment smoothed out. Measure across the width of the trousers thigh as per the diagram above and multiply this measurement by 2.

**THIGH MEASUREMENT** = \_\_\_\_\_

## Measuring The Knee



- Step 1:** Button up the jean / trouser at the waistband and ensure that the fly is also closed.
- Step 2:** Lay the garment out flat on a table / floor. Take care to pull any wrinkles and fullness from the back panels.
- Step 3:** The knee is positioned about half way down the crotch to hem. This measure the distance between points **K** and **L**.
- Step 4:** Multiply this measurement by 2 to get the knee measurement.

**KNEE MEASUREMENT** = \_\_\_\_\_

## Measuring The Leg Opening / Hem



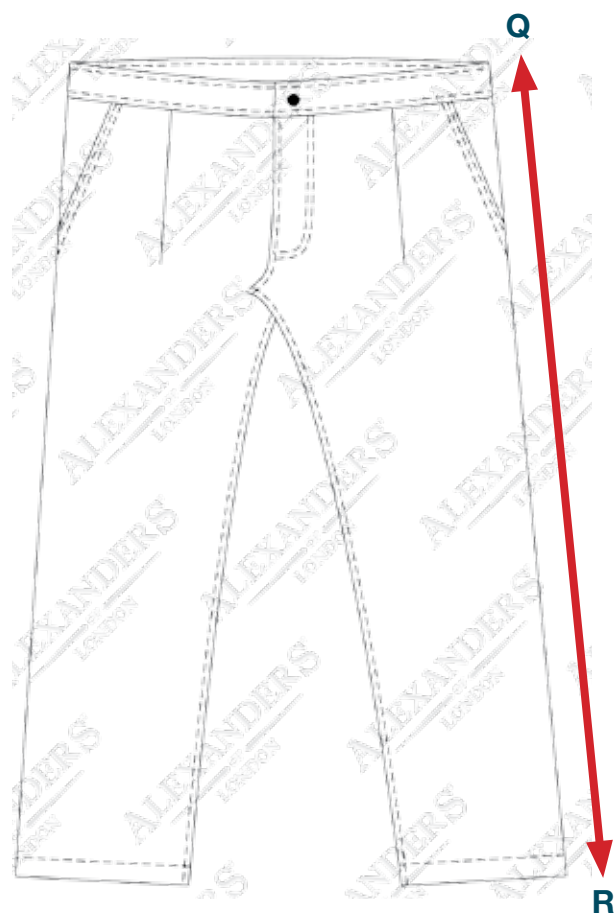
**Step 1:** Lay the garment flat on a table with outseams at both edges

**Step 2:** Measure from one side of the leg opening to the other side - from Point **M** to **N** in the diagram.

**Step 3:** Multiply this measurement by 2 to get the leg opening.

**LEG OPENING / HEM =** \_\_\_\_\_

## Measuring The Outseam



- Step 1:** Button up the jean / trouser at the waistband and ensure that the fly is also closed.
- Step 2:** Lay the garment out flat on a table / floor. Take care to pull any wrinkles and fullness from the back panels.
- Step 3:** Measure the distance from the top of the waistband to the bottom of the hem - Points **Q** to **R**.

This distance is the Outseam or outside length of the garment.

**OUTSEAM INCLUDING WAISTBAND =** \_\_\_\_\_

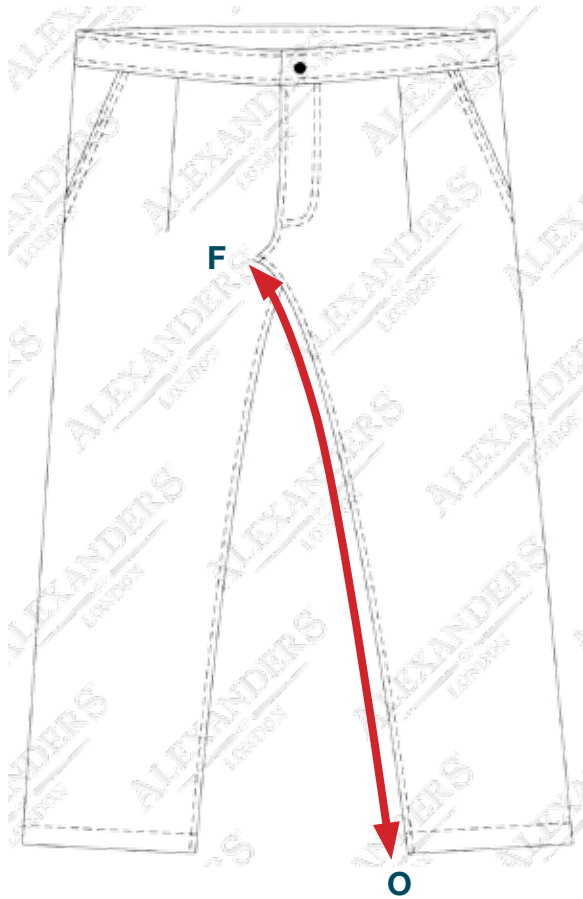
## Measuring The Zip Length

It is sometime necessary to have a zip length which is not a standard length for the size of the garment being ordered.

In this case, please select the required zip length from the drop down options available.

If you do not have any requests for a specific zip length, please select “Default zip size” and we will use a zip length which in our opinion is most suited to the size ordered by you.

## Measuring The Inseam



- Step 1:** Button up the jean / trouser at the waistband and ensure that the fly is also closed.
- Step 2:** Lay the garment out flat on a table / floor. Take care to pull any wrinkles and fullness from the back panels.
- Step 3:** Measure the inseam distance from the crotch (where the front and back seams meet) - Point **F** to the the bottom of the leg. Please bear in mind how you want the garment to sit over shoes / boots.

The distance between points **F** and **O** is the inseam measurement

**INSEAM MEASUREMENT =** \_\_\_\_\_